



February 10, 2016

John Doe
1111 S. 400 E.
Salt Lake City, UT 84112

Dear Mr. Doe,

Thank you for your interest in our personal training services. We have a wide variety of trainers who can fit into your schedule and help you reach your fitness goals. Our trainers work hard to integrate a fitness and nutrition methods into your lifestyle to create a seamless transition to the new, healthier you. Depending on the plan you choose, it will include, but is not limited to:

- A membership to any of our 12 gym locations in Salt Lake County
- Nutritional guides to help you make healthy eating choices
- Personal training time with one of our 20 trainers

Please let us know what level of training you would like to receive and we will prepare a pricing sheet with options for you to choose from to ensure you are on the path to achieving your fitness and nutritional goals. We look forward to hearing from you.

Sincerely,

Emma Christensen



Achieve your fitness goals!

Contact Us:
Utah Fitness
1172 Brickyard Rd
Salt Lake City, UT 84106



JOIN US

**FOR A FREE FITNESS &
NUTRITION WORKSHOP**

Help us ring in the New Year with a workshop teaching tips and tricks to become a healthier you!

February 11, 2016

5:00-6:30 pm

Utah Fitness in South Salt Lake City

**LIMITED SPOTS
AVAILABLE!**

R.S.V.P by calling:
801-444-1111



SERVICES & PRICING

Services	12 Week Program	Membership Pricing
Personal Training Only	\$450	\$350
Personal Training and Nutritional Plan	\$600	\$500
Personal Training per Hour	\$35	\$25

* Additional discounts valid with coupon



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